

# Changing Times - March 2010

## [TransitionNarberth.org](http://TransitionNarberth.org)

### **Co-op comes to Narberth - or plans to.....**

The national supermarket COOP has submitted plans to come to Narberth. This was the subject of the public meeting Mon March 15th at the Court House, Narberth. There was a good turn out for the discussion with many people commenting on various aspects of the issue. These included but were not limited to:

- **Car parking** - the local town moor car park is moving to pay and display April 1st. Will the car park for this new supermarket have free spaces and will they be able to be used by all or just customers?
- **Rates** - The rates of the local businesses are notably high but will a supermarket on that site have to pay the same level of rates and possibly notably less?
- **Employment** - Would new jobs generated be insignificant compared to the number lost by the decline of the local businesses? Would those jobs be an inflated number of employees on 12 hour contracts?
- **Noise** - Can residents have safeguards in place about noise and increased traffic congestion of large refrigerated lorries delivering at night or during the day?
- **Carbon footprinting** Would Narberth residents welcome products which have travelled across the UK to their destination at the Co-op store?
- **Local food** Will the Co-op continue the efforts of local food outlets to sell locally produced food?
- **Tourism** - Will the people who come to Narberth for the unique experience (whatever that is for them) still come if the shops in the centre decline and the supermarket dominates?
- **Will the new business undermine local existing business?**
- **Like the leaky bucket analogy will money spent at the supermarket go out of the area, rather than being recycled within Narberth?**
- **Does Coop actually have a good record regarding supporting local food producers?**
- **What will eventually occupy this privately owned site?**

TN have not had the meeting yet to formally back or resist the application. To voice your opinion (as an individual) in either vein please write mentioning your beliefs on the issues above and any other issues to:

Dr. Steven Jones  
Director of Development  
Planning Department  
Pembrokeshire County Council  
County Hall  
Haverfordwest  
SA61 1TP

**This is urgent yet if you dont read this till after this week please do anyway as all letters are considered until early April.**

## **Span Arts Plant Sale 1st May.**

### **Old Narberth Primary School car park.**

**Come and support once again as we sell garden plants, pots and gardening books. Browse our wares and have a chat about all things Transition. This year we are lucky to be sharing our stall with Esteam. Esteam (<http://esteampembs.co.uk/>) is a not-for-profit organisation that provides work experience, training and education for people with learning difficulties. They have a small tree nursery, make items of furniture from reclaimed wood, and 'refurbish' old tools. Esteam renovate garden hand tools for use in the Third World (as tools for self reliance), and can replace handles on larger garden tools. If you have any old, or broken, tools you no longer want then, please, bring them along on the day.**

**If you have any plants, ceramic pots or gardening books you would like to donate to our stall, please, phone Chris on 01437 563 936, or Linda on 01437 563 468, before the day. Thank you, in anticipation!**

## **A very long and a very cold winter.**

**With spring only just turning up, and the daffodils distinctly late, it's time to plan for next winter now. If you think this sounds mad, think again. With the coldest winter for 30 years we have all noticed the cold spots in our houses, those cold drafty areas and our ever increasing fuel bills. So, take note of these and create an action plan to sort them out before next winter - plenty of time to do it at your leisure, and spread the costs.**

**Think of the following areas to address -**

- Draught proofing**
- Radiator foils**

- Thermal curtain lining
- Loft insulation
- Double glazing
- Cavity wall insulation

For further information on insulation, and suppliers look at - <http://www.1010uk.org/1010/insulation> (sign up while you are there).

Good luck with your plans - and have a cosier, and cheaper time next winter.

## Transition Narberth - Exciting new groups.

If you have an interest in things Transition, or have an exciting or innovative idea, then come along to one of our new focus groups.

**Energy Group** - How will we power our lifestyles in a world without oil? Are we ready to cope? Be part of the solution, and create an energy desent plan for Narberth. <http://westwalestransition.org/forumdisplay.php?4-Energy>

**Food and Allotments Group** - If you are interested in growing locally, and how we will feed ourselves in a world without oil, then come along to the next meeting 7th April 7.30 p.m. at the Dingle Club, Jesse Road, Narberth. <http://westwalestransition.org/forumdisplay.php?11-Food-allotments-compost>

**Hearts and Minds Group** - By gaining insights into the deeper connections between us and all living things, we can start to understand what truly sustainable living might comprise. Without this examination of the deepest aspects of unsustainable behaviour, any actions to resolve climate change / peak oil might be addressing symptoms rather than causes.

- How do we see the world?
- Can it be seen in a different way?.
- Can you see the "box" that we all live in?
- Can we move to a healthier way of living?
- Explore the psychology of change.

The more we understand our world, the easier the transition will be!! If you want to know more, or join in, then contact Chris on 01437 563 936. <http://westwalestransition.org/forumdisplay.php?27-Hearts-Minds>

Minutes and details of future meetings and all groups are available on the <http://westwalestransition.org/> forum site.

## **Anything on the telly? Well, yes -**

- **Gardeners' World - BBC2 new series. Find out what to do in your garden and when. Available on iplayer.**
- **Mastercrafts - BBC2 with Monty Don. Available on iplayer.**
- **Countryfile - BBC1 Sunday. Includes a 5 day weather forecast.**

**Look out for the new series of Grow Your Own Drugs with James Wong, and The Edible Garden with Alys Fowler.**

## **WANTED -**

**Anyone with a good Transition idea, or a project in mind. We need motivated people to join our Core Group, or one of our focus groups.**

**We also have an opening for a Press and Communications Officer. We need someone who is able to communicate well and publicise all that is Transition. Have you ever fancied yourself writing a newspaper column, or being interviewed on the radio? This could be your chance! Contact Linda (Secretary) on 01437 563 468.**

Thank you - the Core Group